

Hospital Bag

CHECKLIST

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For Mom: Clothes

Clothes:

Clothes for during your hospital stay. This may include:

- Your own hospital gown
- Pajamas
- Camisoles
- Yoga pants
- Robe
- Nursing bras
- Socks

Clothes for coming home

Shoes:

- Flip-flops or slippers

Breastfeeding Items

- Nipple cream
- Nursing pads
- Nursing pillow

For Mom: Toiletries

- Toothbrush
- Toothpaste
- Mouthwash
- Glasses
- Contacts
- Contact solution
- Case
- Deodorant
- Lotion

Hair items:

- Hair ties
- Brush/Comb
- Curling iron/Flat iron
- Blow-dryer

For Mom: Postpartum

- Postpartum underwear
- Witch hazel pads
- Peri bottle



Toiletries for Mom

- Cosmetics
- Chapstick
- Shampoo/Conditioner
- Soap/Body wash
- Dry Shampoo
- Facial cleanser
- Razor and shaving cream
- Medications
- Vitamins
- Hand sanitizer

For Baby

- Clothes/PJs for pictures and coming home
- Hat
- Mittens
- Blanket
- Diapers
- Wipes
- Pacifiers
- Car seat

For Dad

- Pajamas
- Change of clothes
- Shoes/Slippers
- Own blankets

Toiletries:

- Toothbrush
- Toothpaste
- Deodorant
- Face wash
- Razor and shaving cream
- Aftershave
- Shampoo
- Body wash
- Glasses and contacts
- Contact solution and case
- Medications
- Vitamins



For the Hospital Stay To Pass the Time

Paperwork:

- Birth plan
- Hospital paperwork
- Insurance cards
- Id's

- Cash

Electronics:

- Computer
- Cell phone
- Camera
- Speakers/Sound machine
- Chargers

Items to make you more comfortable:

- Your own pillow
- Message items
- Essential oils
- Music
- Earplugs/Eye mask

- Movies
- Books/Magazines
- Games/Deck of cards

For the Car Ride

- Extra towels/Blankets
- Waterproof crib sheet or disposable bed mat
- String
- Hand sanitizer
- Baby book
- Nurse gifts/Thank you cards
- Sibling gift
- Picture props

Other Items

- Baby book
- Nurse gifts/Thank you cards
- Sibling gift
- Picture props





Notes

We hope our comprehensive hospital bag checklist will help you prepare for your little bundle of joy's arrival!

Please visit our site for more helpful information on determining what items are essential or just nice-to-have. Plus, you can view our recommended products and other helpful articles.

Congratulations, Mama! Enjoy every moment!



For more ideas, please visit our website:
www.collectedjoys.com

